

NAKSHATRA AND VASTU REMEDIES FOR MARS

BY RENU SHARMA & VISHAL

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ABOUT THE BOOK

Nakshatra & Vastu Remedies for Mars is a one-stop unique book to bring Astrology and Vastu (including Decluttering) driven solutions to everyone in layman terms. The writers have practised and applied these solutions in the last 29 years and have made a lasting impact on people's life. This book presents solutions for all 3 nakshatras in a very structured way. Starting from their basic significations, characteristics, and symbols to eight different ways of performing a remedy for Mars. These are what mantras' to recite or chant, what pooja or prayers to be performed, what and how to donate, which plants to keep or plant, what gemstone or a rudraksha to wear, what yoga to be performed and what precautions are needed for the placement of Mars in 12 houses. Besides this, for three nakshatras of Mars, five different ways of performing a remedy are described in a structured way.

Vastu Shastra driven solutions for Mars and its zone of South is described with its attributes, precautions, preferences, yantras and remedies are described in a methodical manner.

Writers have tried to create a one-stop book for all solutions related to Mars. For the first-time Astrology, Vastu and Decluttering solutions are combined to give a number of ways of performing remedial solution for Mars.

Writers firmly believe that these suggested solutions described in the book will make a lasting difference in your and your loved one's life.

REMEDIES

BACKGROUND

Remedies or remedial measures for planets, constellations (nakshatra) and Vastu dosha are popular in Astrology. Their prime purpose is to address suffering or ill effects of planets, constellations or Vastu dosha. Having said that some astrologers or consultants do suggest remedies for enhancing their good influences on us. My personal opinion is to perform remedies only for addressing ill effects only.

Why we suffer or need remedies

This can be understood by an inherent concept in Sanatana Dharma (popularly known as Hinduism) where reincarnation (cycle of rebirths) is believed, a process which affects every living entity on earth.

Every birth incorporates well, bad and neutral (no adverse or good effect, like progress in spirituality) karma. Suffering or happiness in the present life is driven by good and bad karma in past and present birth deeds. Remember 5th House (past life deeds) and 9th (future birth) in our birth chart or horoscope signify and give good indicators. Sometimes we do so many bad karmas in one life only that the cycle of rebirth continues until many births to suffer from past deeds and present life's deeds as well. It is the same for good karma. This continues until it balances out and that day means no more rebirth on earth.

Now, most people do say if we have to suffer from these past and present deeds anyway then what is the point of doing these remedial measures. Here, Astrology comes into the scope and provides some insight.

Astrology, a divine and well advanced (beyond humans' grasp) science is leveraged to understand what is coming ahead of us, like an event. This does not mean that we can overcome or bypass that event (good or bad). What we are shown or guided by astrology is, that please be mindful of these events and take some steps to mitigate or do some remedial measures to address its severity.

This means remedial measures are prescribed to reduce the severity of an event

or happening only, that does not mean we can overcome an event. Example if someone's birth chart signifies an accident, which could break his or her leg, then by performing remedial measures, we can only reduce the severity of that accident (event), resulting in only a few stitches or minor scratches but cannot mitigate an accident or an event cannot be stopped or bypassed. Therefore, remedial measures are performed to get some relief from these adverse or life-changing events.

How does it work?

The popular belief is that these measures work because by performing these, we are influencing the basic nature of a planet or a constellation and hence we can overcome an adverse event. As described above, it is not true, in fact, planets never change their inherent behaviour, they behave the same for everyone, good or bad. So, then the question arises how it works.

Well, this can be understood by the following:

Our birth chart (*horoscope, at least theoretically*) is created by the positioning of each planet in our solar system on the day of birth. This reflects our past, present and future. On this day (*theoretically*) it was finalised that we have an outstanding balance of deeds from the past life (in 5th house) and in the present life, we will repay for our past and will do deeds to decide the future (9th house) as well. Therefore, it was finalised on the day of birth that every individual will have a different life or journey towards his or her destiny.

By performing these remedial measures, we are trying to address the imbalance of bad deeds from past and present life.

When a day for an event comes in natives life, on that day respective planet for that event like Saturn will check our deeds balance. At the time if we have accumulated fewer bad deeds then a less severe event if more than the more severe event will take place. Since we are not in a position to find what we did in a past life, it's hard to balance out those effects in the present life. Hence any measure we do in the present life will never compensate for our outstanding balance from the past. Therefore, we will never bypass or stop an event by performing remedies.

This is a very simplistic view of things in my opinion. I am sure there are other viewpoints, which could explain this aspect. I do not have any insights into those, but I do respect them.

TYPE OF REMEDIES

Let me point out that Sage Parashara has not prescribed remedies as such; he has only referred to the recitation of mantra or stotra and donation or charity. Hence, I am not recommending any specific remedy. I am highlighting these various measures in practice, which are being prescribed.

Classify

Remedies or remedial measures can be classified by applying the following lenses to identify which one to perform, how, when and which direction. These lenses are the following:

Element: What type of activity to perform

Direction: represented by each zodiac or sign

When (hora) and what day of the week is represented by each planet and constellation lord

Caste: what each planet signifies which activity they represent

Moola (root, plants or herbs), Jeeva (Animals), Dhatu (Metal or mineral)

Ayurvedic Nature: Airy (Vata), Pitta (Fiery), Kapha (Watery)

More lenses signifying characteristics, nature and representation of each planet can be applied to fine-tune these remedial measures.

Element Based Classification

- Fire or Agni: If a remedial planet is of Agni Tatva (fiery element) or in Agni Rasi (fiery Zodiac), then remedies should be based on homa (yajna), praying Agni Deva, lighting a lamp or incense stick or dhoop before starting any remedy
- Air or Vayu: If a remedial planet is of Vayu Tatva (Air element) or in Vayu Rasi (Airy Zodiac), then remedies should be based on reciting or chanting Stotra or doing yoga and taking blessings of Vayu Deva before starting any remedy
- Earth or Prithvi: If a remedial planet is of Prithvi Tatva (Earth element) or in Prithvi Rasi (Earth Zodiac), then remedies should be based on feeding to living beings like humans, animals or birds, walking barefoot or wearing an element or threads and taking blessings Prithvi Deva before starting any remedy

- Water or Jal: If a remedial planet is of Jal Tatva (Water element) or in Jal Rasi (Watery Zodiac), then remedies should be based on donating by immersing items in the stream of flowing water (clean) and taking blessings of Jal Deva before starting any remedy

Direction Based Classification

- Aries: East
- Taurus: South
- Gemini: West
- Cancer: North
- Leo: East
- Virgo: South
- Libra: West
- Scorpio: North
- Sagittarius: East
- Capricorn: South
- Aquarius: West
- Pisces: North

If a planet whose remedy is prescribed is placed in Pisces, then it must be performed while facing North direction or if a planet placed in Gemini then West direction is to be used.

Time (Hora) And Day

Time to perform a remedy is usually prescribed in the hora of each planet and day represented by that planet. Having said that there are other days and time when these can be performed for the respective planet.

Day

- Sunday: Sun, some time for Rahu
- Monday: Moon
- Tuesday: Mars, Ketu
- Wednesday: Mercury, Rahu
- Thursday: Jupiter
- Friday: Venus and sometimes Saturn to appease via Venus
- Saturday: Saturn, Mars

Hora

1st hour from sunrise is allocated to the respective day and planet represented by that day. Then go back to 3rd day from that day and continue until you reach the 7th day.

So on Sunday 1st hour from sunrise is Sun's Hora., 3rd day backwards is Friday, so next hour Hora is for Venus, next hour Hora will be for Wednesday or Mercury and so on.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunrise to 1 hr (Say 6-7 am)	Sun Hora	Moon Hora	Mar Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
7- 8 am	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Mer Hora	Jup Hora
8-9 am	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora
9-10 am	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora
10-11am	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup hora	Ven Hora
11-12pm	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora
12-1pm	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora
1-2 pm	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
2-3 pm	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Sun Hora	Jup oHra
3-4 pm	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.

Ayurvedic Nature

- Airy (Vata)
 - Qualities: cold, dry, Light, moving, flighty, spiritual, thin
 - Taste: bitter, astringent, pungent or spicy, raw
- Fiery (Pitta)
 - Qualities: hot, oily, light, fiery, vibrant, successful, aggressive
 - Taste: sour, pungent or spicy, salty, fetid, warm
- Watery (Kapha)

- Qualities: cool, oily, heavy, stable, slow, methodical, greedy
- Taste: sweet, salty, sour, creamy, heavily cooked

DONATION OR CHARITY

Type

The following type of donations are recommended for remedial measure

- Gupt Daan: Anonymous donation
- Vidya Donation: Donation related to education
- Kanya Daan: Donation related to the marriage ceremony of a girl
- Anna Daan: Donation related to grain and food items
 - Anna Daan is usually prescribed as Tula Daan (Donation of items according to your weight) in one go on the day of your Janma Nakshatra
 - Another way to donate is over 12 months.
 - Example if your weight is 60 Kg then donate 5Kg ($60/12\text{months} = 5\text{ Kg/month}$) each month
- Other: there are other types of donation which can be leveraged

Note: Donations are prescribed or recommended only for 3rd, 6th, 8th 12th house lord only

STOTRA

Type

There are various types of stotra or mantra from sattvic to Tantrik. I have primarily described sattvic and rajasic mantras here.

- Sattvic: primarily for our spiritual elevation
- Rajasic: for material gains and desires

TYPE OF WEAR

Gemstones

Vedic astrology mentions gemstone but doesn't prescribe any gem as a remedy. Scriptures like Narada Purana prescribes gems as a remedy for planets, where Varahamihira, the great astrologer has highlighted gems and their benefits in

Brihat Samhita but does not prescribe them as remedies in his renowned text of Brihat Jataka

Rudraksha

Rudraksha is a seed used for prayer and japas in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species used in the making of organic jewellery or *mala* (necklace). Since this is an organic material, it is worn in a chord rather than a chain.

Rudraksha has been suggested in various Puranas and has some remedial effect on a native. A proper consultation is required to wear them.

Note: Sankalp and prayer of kuldevi or kuldevta is advised every day and before starting any remedy

ASTRO DECLUTTERING

- Decluttering means removing unnecessary items from an untidy or an overcrowded place.
- Astro Decluttering means removing unnecessary items or tidy a place while keeping each planet significant items in mind while executing this exercise.
- Tidying and Decluttering our home and place where we live and work is vital to ensure we live a happy, successful and prosperous life in harmony. I gather it is easy to then practice it because people have emotional and functional connect with items at home and work. Hence, they keep them for a longer duration, thinking that this can be used in future. In doing so what they don't realise is, that this is not a good practice at all and it influences their day to day life negatively.
- Every object we use or interact at home or work or other places has some energy and it connects with our environment and universe. Therefore, every object or item needs appropriate care, consideration and handling.
- So to Declutter, our life, 1st step is to recognise that we have a problem of Declutter. Secondly, we need to identify what items are causing what symptoms. Once we have established that then we can either donate, discard or organise them depending upon the need, purpose and joy from that item.
- As a thumb rule any item that hasn't been used for more than one year or four seasons or doesn't give any joy to you or your family or outlived its purpose, then it must be removed or donated because it is unlikely it will be used again. Besides, donating items will allow needy people to use them and in return, you and your family will get blessings from them.

*PLANETS - CLUTTERING SYMPTOMS,
DECLUTTER BY DONATION AND*

ORGANISING

- As discussed earlier it is vital to understand what planets signify what items, metals, idols, and animals in the house or at work.
- If these items or belongings (*signifying respective planet*) are not kept properly with care or are broken, then not only it adds to the clutter, but it impacts each planet significance resulting in lack of success, harmony and happiness in life.
- Decluttering impacts your planets and zodiacs in your birth chart, resulting in various impediments and griefs in day to day life.
- Once these items are established with symptoms, the next step is to identify what items need to be discarded or donated and what items need to be organised.



MARS

BACKGROUND

Mars or Mangal is the 4th planet from the Sun and the 2nd smallest planet in our Solar System. It is a fierce planet and represents our courage desire and energy.

Info

Gender:
Male,
Masculine

Time in
Each
Zodiac or
Sign: 45
days

Zodiac or
Sign: Aries
(Mesh),
Scorpio
(Vrishchik)

Nature:
Fiery (Pitta)
Malefic

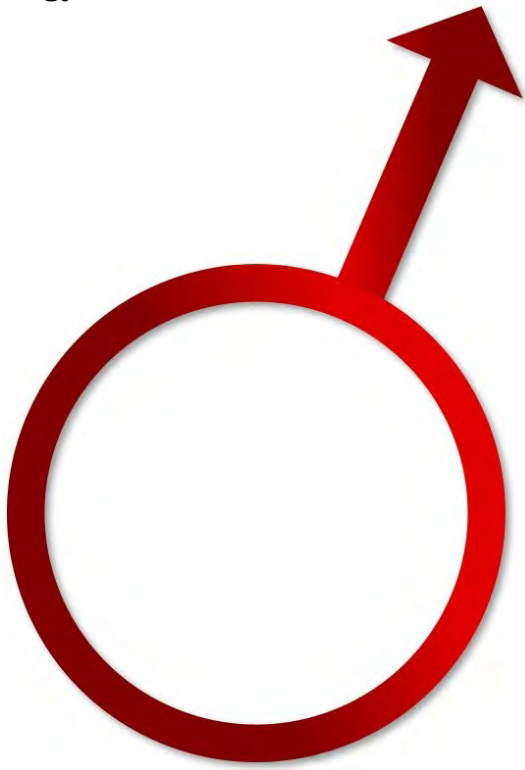
o Tamasic: ignorant, lethargic

Taste or Flavor: Bitter

Metal: Copper

Colour: Red, Burnt Red

Animal: Monkey, Vulture, Cock, Jackal, Male Goat or Sheep



Signifies: Brothers, Enemies, Conflicts, Accident, Fire, Courage, Surgery, Independence

Ruling Deity: Kartikeya (Skanda, prathyadi devta), Bhumi (earth)

Constellation or Nakshatra:

o Mrigashira

o Chitra

o Dhanishtha

Day of Week: Tuesday

Direction: South

Exalted (Uccha) Sign or Zodiac: 28° Capricorn

Debilitated (Neecha) Sign or Zodiac: 28° Cancer

Positional Strength (Digbala) : 10th House

Number Represented: 9

REMEDIES

Recite Or Chant

Recite Hanuman Chalisa (refer Appendix)

Do it 11 times every day

same time (night is preferred), same place and same mat (Aasan)

To get better results, recite following stotra 3 times before starting Hanuman Chalisa

Shri Raama Raama Raameeti Rame Raame Manorame

Sahasra-Naama Tat-Tulyam Raama-Naama Vara-[A] anane

Recite Bajrang Baan Stotra

Do it 11 times every day

same time (night is preferred), same place and same mat (Aasan)

Recite Kartikeya Stotra (refer Appendix)

Recite Shiva Stotra (refer Appendix)

Recite Mars moola mantra (revealed sound or combination of sequences of sound)

Om kram kreem kroum sah bhaumaya namah

Do it 7000 times in 40 days

Recite Mars or Mangal Stotra

Dharani garbha sambhutam vidyut kanti samaprabhamKumaram Shakti hastam
tam mangalam pranamamyaham

do it daily or 10000 times

Recite Angaraka Stotra

Worship following stotra on Angaraka Chutardashi (14th tithi - Lunar date of the month). This is more beneficial than 100 Sun eclipses

This lunar date (tithi) comes in the month of Magh when it is a Waning Moon (Krishna Paksha). This is also known as Sankashti Chaturthi.

Angaraka is the son of Mother Earth and Sage Bharadwaj and a great devotee of Lord Ganesha

Stotra is (from Skanda Purana)

Angaraka shakthidaro lohithango darasutha, Kumaro mangalo bhoumo maha
kayo dhanapradha

Rinahartha drushti kartha roga kruth roga nashana, Vidhyuth prabho vrinakara
kamadho dhana hrith kuja

Samaganapriyo rakthavasthro rakthayathekshana, Lohitho raktha varmascha
sarva karmava bodhaka

Rakthamalyadaro hemakundali gruha nayaka, Namanyethani bhaumasya ya
padeth sathatham nara

Rinam thasya cha dourbhagyam daridryam cha vinasyathi, Dhanam prapnothi
vipulam sthriyam chaiva manoramam

Vamshodhyothakaram puthram labhathe naathra samshayah, Yorchayeahni
bhaumasya Mangalam bahu pushpakaih,

Sarva nasyathi peeda cha thasya graha kritha dhruvam

Pooja Or Prayer

Worship Lord Narasimha (4th Avatar of Lord Vishnu)

Worship Kartikeya

Perform Rudra Abhishek

Plant

Plant this tree or Water it or look after it

o Aries: Red Sandalwood

o Scorpio: Cutch tree

Keep Kher Trees (Black Catechu Cutch), root wrapped in red cloth with you

Donate Or Charity

• Donate

Mild red coloured clothes, sword, Trishul (3 spears), red flowers,

Jau, Saunf (Fennel seeds), Red Lentils (Masoor Daal),

Rice made with jaggery and without removing starch

Recommended Time: Begin from 1st Tuesday of Waxing Moon (Shukla Paksha) during Mars Hora

Mars Hora: one hour during the day after sunrise. Refer to any online panchang (lunar/moon-based calendar) for a respective hour during the day and place

Fasting

Keep fast (no food intake) on Tuesday

Fast meaning: Sacrifice of food. Food intake is not advised during this fast. Fruits and milk products can be taken during the day

Open your fast or take a meal in evening or night after moonrise only

Wear

Rudraksha - Wear 3 Mukhi (3 faces) Rudraksha

This is grown on Rudraksha (Elaeocarpus ganitrus) Tree

Gemstone

o Red Coral

For specifics on what weight, metal, which finger or other information, please consult an astrologer or a qualified priest

Ornaments

o Wear red coloured ornaments or jewellery

Yoga

Practice Sheetalikaran Pranayama, Padmasana, Titali Aasana, Mayur Aasana

PRECAUTIONS

Take the following precautions if your Mars is afflicted or weak in your birth chart (horoscope) in following houses

Mars in 1st H

- o Don't lie
- o Do not take gifts or donations from anybody
- o Do not keep Elephant tusks items at home

Mars in 2nd H

- o Do not neglect your brother
- o Do not curse, abuse or insult your mother or grandmother

Mars in 3rd H

- o Do not be proud, arrogant or stubborn.
- o Do not indulge in wicked or immoral behaviour
- o Control your belly, excess fat is not good

Mars in 4th H

Mars in 5th H

Mars in 6th H

- o Do not distribute sweets on children's birthday
- o Keep your character clean and be honest

Mars 7th H

- o Avoid items of green colour as Gifts
- o Do not keep a parrot at home
- o Gift Red (mild) clothes to your sister and father's sister or sister like a woman
- o Do not keep creepy plants or plant trees with wider leaves at home or property

Mars in 8th H

- o Don't hurt widows feeling

o Do not build a furnace or heating zone below the floor

o Avoid south-facing house

Mars in 9th H

o Don't become an atheist

o Practice traditional customs and rituals

• Mars in 10th H

o Don't sell ancestral property or gold items or jewellery

o Do not allow milk overflow while heating or boiling

Mars in 11th H

Mars in 12th H

o Keep pointed weapons like knives clean and shining

o Do not keep red coloured items.

o Elder brother needs to avoid red coloured clothes

Precaution For Donation

Mars: If Mars is placed in Aries, Scorpio or Capricorn, then one should not regularly donate sweets, vermillion (sindoor), earth and soil

THEME BASED REMEDIES

For Wealth And Son

Recite following Stotra for Wealth and Son

o Aputro labhate putramedhanopi dhanam labhate

o Worship this stotra on Sixth Tithi (6th Lunar date of the month)

This is an auspicious day for Mars. It is mentioned worshipping on this day can lead to wealth and son

For Wish Fulfilment

Recite following Stotra for Wish fulfilment

Worship following stotra on Sixth Tithi (6th Lunar date of the month) on Tuesday with Krittika Constellation or Nakshatra.

It is mentioned worshipping Skanda on this day with a lamp (ghee) and

offering gifts can lead to wish fulfilment

Stotra is from Shiva Purana

krittika bhaum vareshu skandasya yajanaannt naam

deepa ghantaadi danaadvam vaksiddhirachirat bhavet

Defeat Enemy Or Over Come Obstacles Or Fear

Recite Hanuman Chalisa (refer Appendix)

Do it 11 times every day

same time (night is preferred), same place and same mat (Aasan)

To get better results, recite following stotra 3 times before starting Hanuman Chalisa

Shri Raama Raama Raameeti Rame Raame Manorame

Sahasra-Naama Tat-Tulyam Raama-Naama Vara-[A] anane

Recite Bajrang Baan

GENERIC REMEDIES

To Pay Off Your Debt

o Regularly pay or transfer some money into your debt account on Tuesday and Saturday



o Apply orange colour Sindoor (Vermillion) with oil to Lord Hanuman on Saturday

Plant Arka Tree is known as RUVA or Purple (Ekke, Rui, Arka) or Calotropis Gigantea or offers this plant to Lord Hanuman

Make rotis, chapati (bread) with sugar (sweet roti) in tandoor (ideally) and feed them to the dog for 43 days

Keep your kitchen clean all the time, especially in the night

Bath in sulphur spring (water)

DECLUTTERING SYMPTOMS

Symptom

If red coloured household and food items, items made of copper, kitchen and kitchen benchtop, land and idols of hanuman are not kept properly with care or are broken then it impacts the following:

while speaking criticise a lot or use harsh words

prone to anger, but purity in heart

lack or too much passion, always ready to take up new things while leaving others unfinished

lack of courage and fear from enemies

loss from land and face difficulties in paying or taking a debt

prone to blood diseases like blood pressure

lack of sleep or always jittery and on the move, no relaxation

prone to eat a lot of spicy items

south direction is cluttered or not utilised properly at home

DECLUTTER

To declutter the following steps are required

- o 1st Discard and Donate

- o 2nd Organise

Discard And Donate

Once symptoms, items and zones are identified, the next step is to make a call on what items to discard or donate so that they can be reused by someone else

In the case of Mars following items can be discarded or donated

- o discard broken red coloured items and red bottles

- o discard broken Hanuman idol

- o discard broken blood pressure machine

- o discard old red rose plants or any thorny plants
- o discard broken sword, Trishul
- o donate saunf (fennel seeds), red lentils (masoor daal)
- o donate blood if you are healthy
- o donate extra land or don't let your land to be used for illegal work
- o discard spicy food items
- o discard rotten onion and garlic or donate extra onion and garlic
- o discard broken pens and old stationary
- o don't speak harshly or in anger

Organise

Once we donate or remove items which are not needed then we need to tidy our place to ensure every object is properly placed at its designated place

In the case of Mars following can be done

- o clean and tidy your south corner of house or work, don't use blue colour items in this zone
- o keep your kitchen (represent Mars) clean every day and night, esp. in the night after meals
- o keep your land in the backyard or front yard neat and clean
- o keep onions, garlic and red chilli properly in container and bags
- o organise you stationary, pen (esp. red ink pen) and pencils
- o pay gratitude and clean idol of Hanuman every Tuesday and Saturday
- o pay your bills on Tuesday if possible
- o transfer some money in your debt account every Tuesday
- o for married women, keep vermilion in a tidy place, clean that box or container on every Tuesday
- o organise your mantra books in the south and keep them in a tidy place

Precaution

To ensure cluttering doesn't begin, please do the following things

- o put each item back to its position after its use
- o assign a place for each item where it is being kept, else it will be kept at various places which will be hard to find
- o use organisers like drawers, boxes or built-in shelves
- o don't keep things in a horizontal stack, but use vertical storage style like books in the bookshelf
- o don't get carried away by the emotional value attached to an item, attention needs to be paid 1st on functional value and then its emotional value
- o don't donate blood if you have any ongoing health issues or blood disorders
- o don't buy barren land
- o don't disrespect your younger siblings

Conclusion

By applying three-step process of Decluttering (Discard and Donate, Organise and Precaution), it will activate your planets and will resonate with appropriate energy, resulting in relief from symptoms discussed for each planet

Once executed and followed religiously, slowly and steadily life is bestowed with success, harmony and happiness in life once these steps are followed religiously

Finally paying gratitude to everything in life goes a long way in ensuring a person becomes happier and abundant

When To Declutter

Out of 7 days in a week, Saturday is the day to declutter your house or other places

Decluttering activity must start on a Saturday and finish on a Saturday because Saturn means promise and whatever activity is started on a Saturday it is completed with the desired outcome

NAKSHATRA OR CONSTELLATION BASED REMEDIES

There are 28 nakshatras or constellations known to us, but we only refer to 27 nakshatras in natal astrology.

For this book, we have compiled remedies for Mars three nakshatras that is Mrigashira, Chitra and Dhanishta.

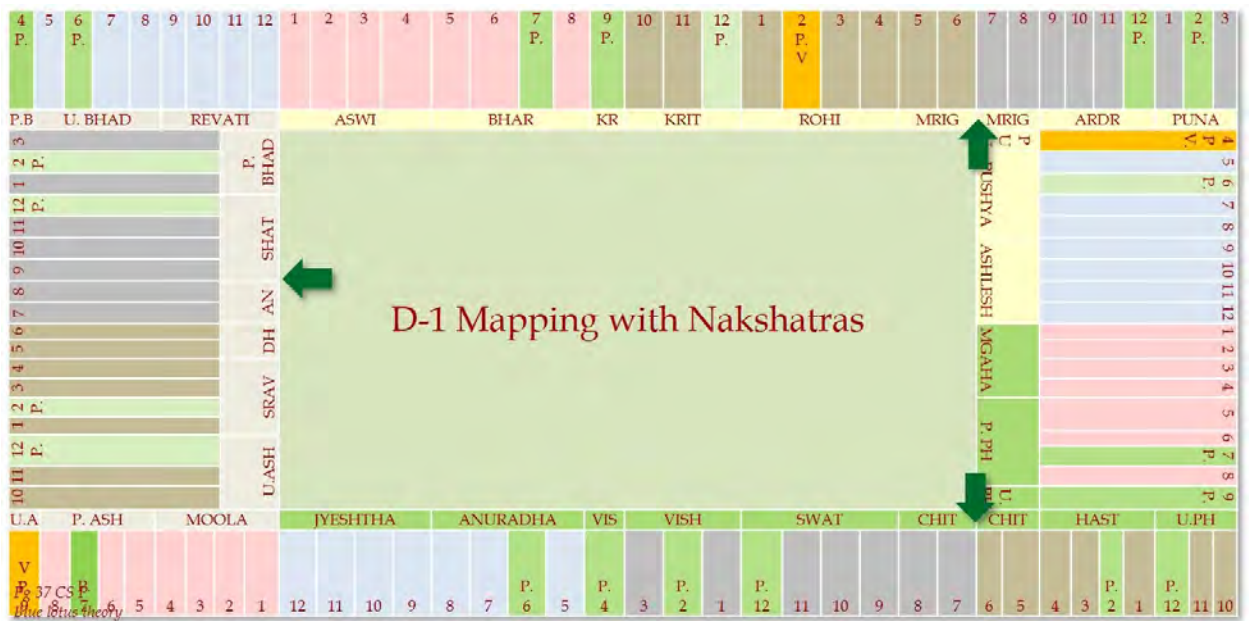
Note:

Abhijit is 28th nakshatra, whose planetary lord is Sun, the ruling deity is Brahma and its zodiac or sign is Capricorn (6°40' -10°53' 20").

D-1 MAPPING WITH NAKSHATRAS

Following diagram shows how all nakshatras are mapped to 12 zodiacs using South Indian style birth chart.

Sections marked with P (green coloured) and V (orange coloured) are Punarvasu Nakshatra and Vargottama. *From CS Patel's Book on Navamsa*



MRIGASHIRA

INFO

Presence in Zodiac or Sign: Taurus and Gemini

Ruling Planet: Mars

Symbol: Deers Head

Purpose: Moksha

Nature:

- o Searching (Curious)

- o Fiery (Pitta)

- o Guna: Tamasic (ignorant, lethargic)

- o Gana: Dev

Caste: Servant (Farmer)

Gender: Neutral, Androgynous

Animal: Female Serpent

Bird: Hen

Ruling Deity: Soma, Moon God

Key Words: Suspicious, Licentious, Gentle, Joyous, Inquisitive, Marital issues, Fickle minded, Compassion, special quality, rich in experience

Operating Nature: Mridu, Mild, Soft

Key Activities: creating new relationships & friends, starting new things, romance, dance, ceremonies such as learning music, fine art, travel, jewellery, wearing clothes and social activities

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Mrigashira Nakshatra day

Om Em 108 times

Om Nama Shivaya Shubham Kuru Kuru Dhasanana Bhiravaya Nama Om

Mrigshira Nakshatra day means when the moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Goddess Parvati

Donate

Donate Hen or Deer Food

Plant

Plant this tree or Water it or look after it

Cutch Tree (Fig Tree or Ficus racemosa, syn. Ficus glomerata Roxb)

Other

For Taurus Sign, donate ghee or white coloured clothes to a young priest

For Gemini Sign, give Red pen or pencil or sketched items of red colour

Feed Hen or Female Serpent

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - Ve

o Pada 2 - Vo

o Pada 3 - Ka

o Pada 4 - Ke

CHITRA

INFO

Presence in Zodiac or Sign: Virgo and Libra

Ruling Planet: Mars

Symbol: Pearl or Bright Jewel

Purpose: Desire

o Nature:

o Create, Opportunity

o Fiery (Pitta)

o Guna: Tamsic (ignorance, lethargic)

o Gana: Demon (Rakshas)

Caste: Farmer

Gender: Female

Animal: Female Tiger

Bird: Heron, Wood pecker

Ruling Deity: Tvasthar, Vishwakarma - celestial architect

Key Words: Vindictive, Beauty, Creativity, Manipulative

Good Karma, Brilliance, Insights (suuden), hardworking, Familay infighting, Ambiguous

Operating Nature: Mridu, Mild, Soft

Key Activities: creating new relationships & friends, starting new things, romance, dance, ceremonies such as learning music, fine art, travel, jewellery, wearing clothes and social activities

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Chitraa Nakshatra day

Om Tam, On Tham 108 times

Om Nama Shivaya Shubham Kuru Kuru Sankaraye Nama Om

Chitra Nakshatra day means when the moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Goddess Durga, Bhavani

Worship Lord Vishnu

Donate

Donate stationary like a pen, pencil to young people

Plant

Plant this tree or Water it or look after it

o Bilva, Golden Apple

Other

Give stationery like a pen, pencil to young people

Go to hanuman temple and donate multicolour flower

Gift items related to communication like letter pad, pen or mobile phone or pen to anyone

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - Pe

o Pada 2 - Po

o Pada 3 - Ra

o Pada 4 - Ri

DHANISHTHA

INFO

Presence in Zodiac or Sign: Pisces

Ruling Planet: Mercury

Symbol: A pair of fish swimming in the sea, Drum

Purpose: Moksha

Nature:

- o Resolution, Revolving Wisdom, Dreamer, Supportive

- o Watery (Kapha)

- o Guna: Sattvic (Goodness, Balance)

- o Gana: Dev

Caste: Worker (Shudra)

Gender: Female

Animal: Female Elephant

Bird: Pigeon

Ruling Deity: famous, wise, organised, motivation, famous, punctual, timely, music lover, feel lonely, marital discord, wealthy and can be greedy, charitable

Operating Nature: Mridu: Movable, Chara

Key Activities: starting new journey, buying new vehicles or machines, buying pet or animals for farm, gardening

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Dhanishtha Nakshatra day

Om Yam, Om Ram 108 times

Om Nama Shivaya Shubham Kuru Kuru Sathyo Jathaya Nama Om

Dhanishtha Nakshatra day means when moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Goddess Durga or Lord Hari Hara (Half Vishnu, Half Shiva)

Practice Kundalini

Donate

Donate Red Lentils (masoor dal) in a Shiva temple

Donate new black coloured leather footwear to poor or a needy person

Plant

Plant Shamee, Indian Mesquite or Water it or look after it

Other

Offer jaggery to black ants on a Saturday

Feed Peacocks if possible on a Saturday

Play the Tabla or Keep a picture of Tabla and look at it every day

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - Ga

o Pada 2 - Gi

o Pada 3 - Gu

o Pada 4 - Ge

NOTE ON TIMING

Note: Every remedy for each planet and constellation or nakshatra could be performed on the respective day (*described earlier in each section*). However, there are two constellations or nakshatras which are regarded as doctors of gods (Dev Vidhya). These two are Ashwini and Shatabhisha and are known as Parihara nakshatras. Therefore, any remedy performed when the moon transits these nakshatras in a lunar month gives good results.

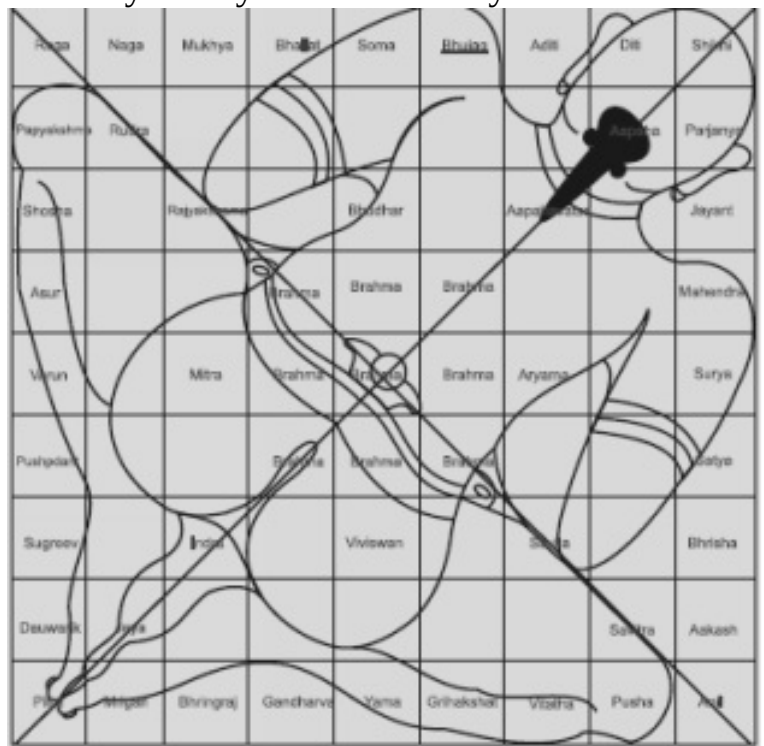


VASTU SHASTRA BASED REMEDIES

BACKGROUND

Vastu Shastra is a traditional system of architecture for designing and building structures in harmony with nature and our universe. This science is prescribed in our Vedas (ancient scriptures of India, say Hinduism). It is an integral part of Vedic astrology and must not be treated as a separate science.

Ancient Vastu Shastra principles layout how temples, houses, cities, gardens, roads and other structures need to be built. Today this science is popular under the name of Vastu, Mahavastu and closely related Feng Shui. Vastu provides solutions for most problems in our day-to-day life without any demolitions or



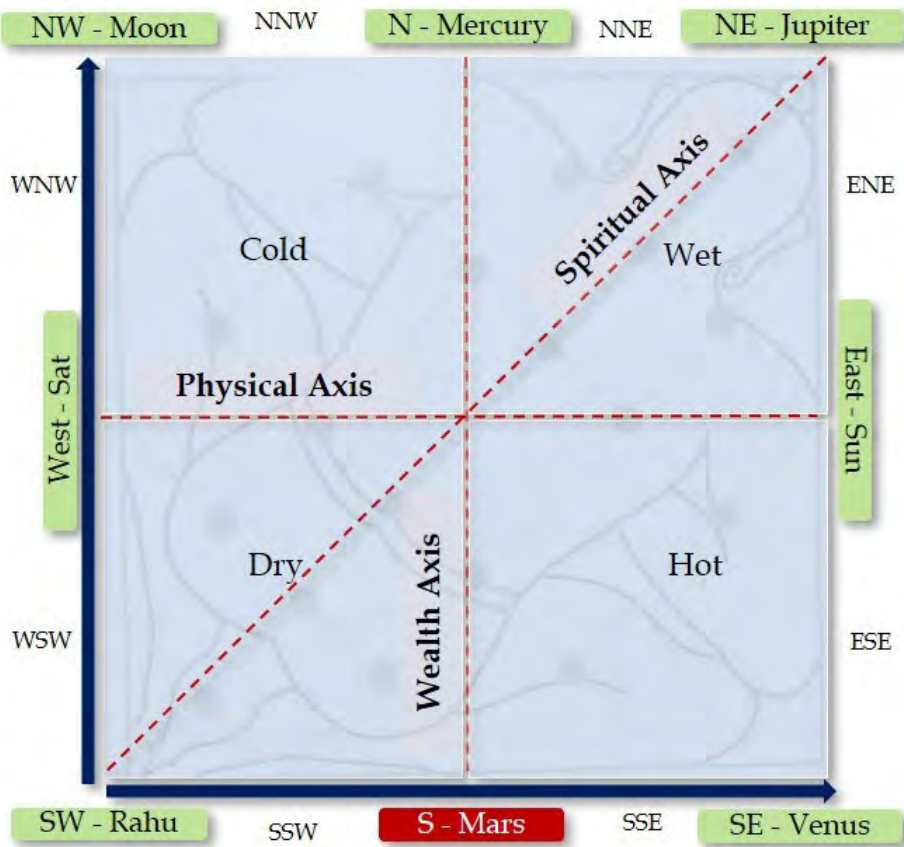
major constructional changes.

INFO

- Lord: Vastu Purusha (Person)

- Responsible: for happiness and strength of the structure
- Facing: Facing Downward
- Number of Dev: 45 Devas are controlling respective zones
- Elements: Five
- Directions to Consider: 16
- Each Direction Zone or Area: 22.5° only, from the centre of any structure in scope

ATTRIBUTES OF DIRECTION: SOUTH



- Signifies: Fame, Repotire, Reconition, Valour
- Devta: Yama (Devta of Death, Progeny of Sun)
- Characteristics: Truth, Celibacy, Agression, Fame,Sons, Debt, Land
- Planet: Mars
- Colour: Red
- Element: Water
- Shape: Triangle
- Body Part: Thighs

REMEDIES

- Imbalance if the zone is contracted or less
no sleep or relaxation, aggressive and hyper, people talk behind you, treat this zone with Red colour
- Imbalance if the zone is extended or extra
lazy and lethargic, highly demanding,
treat this zone with Yellow colour
- From Ocean Churning
Vastu has a close link with items which came out from Ocean churning when Devta and Demons were fighting
For the South direction place Vaaj (Ashwa, Horse) 7 headed flying royal horse which represents physical energy
- Other Items or Symbols to Use
Red Lamp, Trishul, Buffalo (male), Shield,
Red Horses, Mars Yantra, Tin Triangle, Red
Coral, Cooked Rice

8	3	10
9	7	5
4	11	6

Mars Yantra

Please refer 45 devtas zone with 9 maha marmas zones marked as red dots

● Preferred

Business owner office, Sales Office, Underground Water Storage, Doctors Clinic

Mars being the significator of property and land, so keeping this zone in balance is important for these matters

Precautions

No Water or Space (metal) Element

No Blue, Black, White or Silver Colour

No Bin, Toilet, Washing Machine, Water Storage here

Vayu (Papya)	Naga	Mukhya	Bhallat	Soma	Mriga	Aditi	Diti	Isha				
Roga	Rudra	Rajaykah ma	Bhudhar			Apavatsa	Apa	Parjanya				
Sosa								Jayant				
Asur	Mitra					Aryama		Mahend				
Varuna			Brahma					Surya				
Pushpdn at								Satya				
Sugreev	Indraj Jaya	Indra	Vivasvan			Savitra	Savita	Bhrisha				
Dauvrik								Akasha				
Pitri	Mrisha	Bhring	Gandhar va	Yama	Grishaks hat	Vitatha	Pusha	Agni (Anil)				

How To Recognise Mars House

entrance in South

occupants will be active and aggressive

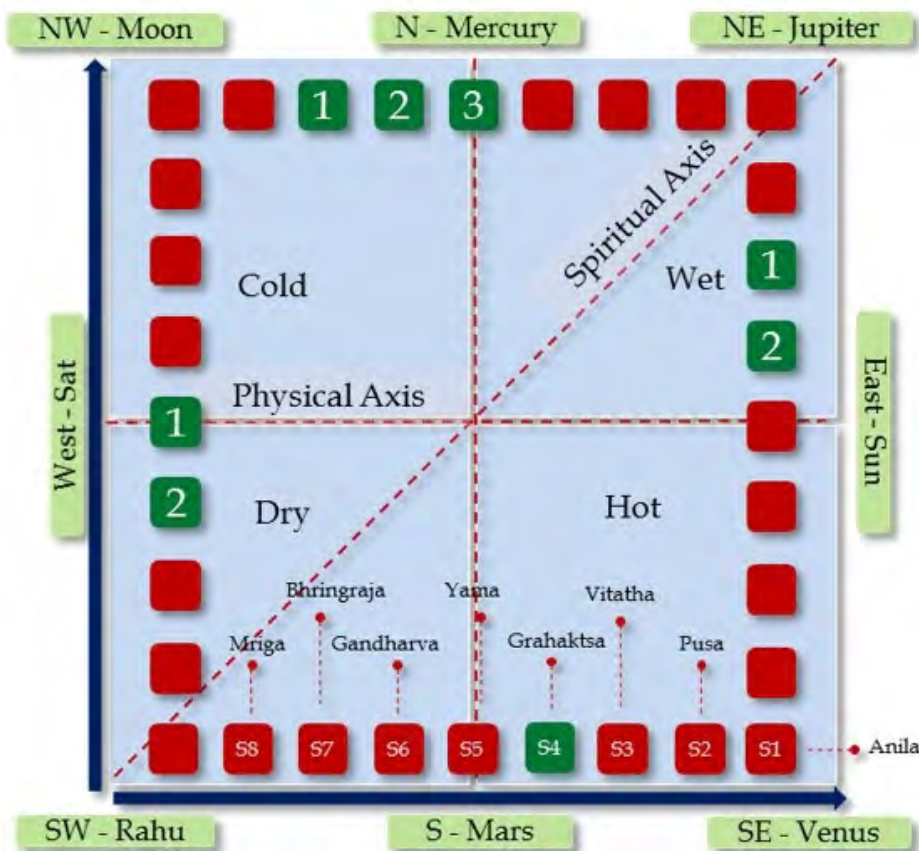
being an anti element of water occupants will be slim and non-food lovers

wall colours of the house will have a lot of red colour in use

display of sharp weapons and killed animals in the house

red dust, red soil or desert in surrounding or in the landscape

South Entrances



There are 32 main entrances which are identified in Vastu.

South direction has only 1 beneficial entrance for the main entrance, that is owned by devta Grihakshat.

Rest 7 causes grief and create various challenges in life. Hence each main entrance needs to be treated with appropriate solution.

Generic Remedies

- Keep water filled in Terracotta or an earthen pot in the North East corner of your house and refill it every week
- Take blessings of Vastu Purusha Everyday
- Keep Yellow scented flowers in your house
- Wipe your main door every day or once a week to gain positive energy and decrease the effect of Rahu
- Place an idol of Lord Ganesha outside of your house and place the same replica inside of your house. Keep in a way that they are back to back
- No heavy, pointed, sharp items like Knife, Nails as head of Vastu Purusha

lies here

- No slope in South direction
- If your Ascendant and Ascendant Lord is strong than good ventilation and entry of the house is present
- Do not keep Broken Glass, Idol of God and Goddess in your home
- Do not Plant or Keep Cactus in your home. The thorny plant represents Mars and depending upon the placement of Mars in your chart a remedial step is required
- Windchime made of 7 metallic rods can be placed towards the western direction of the house as a remedy to address ill effects of Saturn
- Never keep broken or non-working electrical or electronic items as it increases the influence of Rahu
- Sound of the doorbell has to be pleasing else it creates short temperament among house members
- Running water or leakage of water or broken tiles or marbles needs to be replaced immediately
- Never sit in a position while putting your back at the main door of the house. This creates deceits, backstabbing and unwanted visitors
- Install a nameplate of your house on the main entrance to enable opportunities to find you easily. Lighting the nameplate increases the effect manifold
- A Garden needs to be in the Northeast or East zone and it needs to be kept clean
- A storeroom needs to be in the South-West zone
- Tie eight peacock feathers for with a white coloured thread. Recite the following mantra 108 times Om Somay Namah. Keep these in your home
- Add sea salt to the water while cleaning and mopping your house or a premise in use.
- Do not keep broken utensils or dishes, mirror, broken bed in the house
- Discard or fix any broken watch or clock in your house
- Keep your face towards the East (long life) or North (money) while having your meal. South and West needs to be avoided
- Always clean your dishes and utensils after a meal and tidy your kitchen (Mars) meal zone

- Offer water to your visitors every time they come home, reduce Rahu (North node of Moon) influence
- Every time you come home, bring something home, this enhances wealth and chances of success

--

For optimal and satisfying outcomes every day do the following when stepping out

we should have the same nostril open as the foot we're using to step out of the door:

Sunday - right foot, right nostril open

Monday - left foot, left nostril open

Tuesday - right foot, right nostril open

Wednesday - left foot, left nostril open

Thursday - left foot, left nostril open

Friday - left foot, left nostril open

Saturday - right foot, right nostril open

Sun	Mon	Tue	Wed	Thu	Fri	Sat
R	L	R	L	L	L	R

--

△△△

APPENDIX

MANTRAS FOR MARS

HANUMAN CHALISA

Poet and saint Tulsidas wrote Hanuman Chalisa in the glory of Lord Hanuman. It is mentioned that whoever chants it with full devotion will have Lord Hanuman's grace and he will protect you from obstacles and evil spirits.

--

Shri Guru Charan Sarooja-raj Nija manu Mukura Sudhaari Baranau Rahubhir Bimala
Yasha Jo Dayaka Phala Chari

BudheeHeen Tanu Jannikay Sumirow Pavana Kumara Bala-Budhee Vidya Dehoo
Mohee Harahu Kalesha Vikaara

Jai Hanuman gyan gun sagar Jai Kapis tihun lok ujagar

Ram doot atulit bal dhama Anjaani-putra Pavan sut nama

Mahabir Bikram Bajrangi Kumati nivar sumati Ke sangi

Kanchan varan viraj subsea Kanan Kundal Kunchit Kesha

Hath Vajra Aur Dhuvaje Viraje Kaandhe moonj janehu sajai

Sankar suvan kesri Nandan Tej prataap maha jag vandan

Vidyavaan guni ati chatur Ram kaj karibe ko aatur

Prabu charitra sunibe-ko rasiya Ram Lakhan Sita man Basiya

Sukshma roop dhari Siyahi dikhava Vikat roop dhari lank jarava

Bhima roop dhari asur sanghare Ramachandra ke kaj sanvare

Laye Sanjivan Lakhan Jiyaye Shri Raghuvir Harashi ur laye

Raghupati Kinhi bahut badai Tum mam priye Bharat-hi-sam bhai

Sahas badan tumharo yash gave Asa-kahi Shripati kanth lagaave

Sankadhik Brahmaadi Muneesa Narad-Sarad sahit Aheesa

Yam Kuber Digpaal Jahan te Kavi kovid kahi sake kahan te

Tum upkar Sugreevahin keenha Ram milaye rajpad deenha

Tumharo mantra Vibheeshan maana Lankeshwar Bhaye Sub jag jana
Yug sahastra jojan par Bhanu Leelyo tahi madhur phal janu
Prabhu mudrika meli mukh mahee Jaladhi langhi gaye achraj nahee
Durgaam kaj jagath ke jete Sugam anugraha tumhre tete
Ram dwaare tum rakhvare Hoat na agyaa binu paisare
Sub sukh lahae tumhari sar na Tum rakshak kahu ko dar naa
Aapan tej samharo aapai Teenhon lok hank te kanpai
Bhoot pisaach Nikat nahin aavai Mahavir jab naam sunavae
Nase rog harae sab peera Japat nirantar Hanumant beera
Sankat se Hanuman chudavae Man Karam Vachan dyan jo lavai
Sab par Ram tapasvee raja Tin ke kaj sakal Tum saja
Aur manorath jo koi lavai Sohi amit jeevan phal pavai
Charon Yug partap tumhara Hai persidh jagat ujiyara
Sadhu Sant ke tum Rakhware Asur nikandan Ram dulhare
Ashta-sidhi nav nidhi ke dhata As-var deen Janki mata
Ram rasayan tumhare pasa Sada raho Raghupati ke dasa
Tumhare bhajan Ram ko pavai Janam-janam ke dukh bisraavai
Anth-kaal Raghuvir pur jayee Jahan janam Hari-Bakht Kahayee
Aur Devta Chit na dharehi Hanumanth se hi sarve sukh karehi
Sankat kate-mite sab peera Jo sumirai Hanumat Balbeera
Jai Jai Jai Hanuman Gosahin Kripa Karahu Gurudev ki nyahin
Jo sat bar path kare kahi Chutehi bandhi maha sukh hohi
Jo yah padhe Hanuman Chalisa Hoye siddhi sakhi Gaureesa
Tulsidas sada hari chera Keejai Nath Hridaye mein dera
Doha
Pavan Tanay Sankat Harana Mangala Murati Roop
Ram Lakhana Sita Sahita Hriday Basahu Soor Bhoop

--

HANUMAN KAVACH

Following Panchamukhi Hanuman Kavach refers to five faces of Lord

Hanuman. According to the scriptures, Lord Hanuman assumed this form to kill Mahiravana, brother of Demon Ravana During the epic battle (in Sri Lanka), Mahiravana took Lord Rama and his brother Lakshmana to Paathaala Loka (Naga World or nether-world) and was tempted to sacrifice them to Goddess Mahamaya. To save Lord Rama and his brother, Lord Hanuman had to extinguish 5 burning in 5 different directions simultaneously. Therefore, he is regarded and worshipped as Panchamukha form to win this battle.

This Kavach is not a satvik stotra but a tantric mantra aimed at providing protection from evil or overcoming any obstacles

--

- om shree panchavadanaaya aanjaneyaaya namaha
- om asya shree panchamukha hanumat mantrasya
- brahmaa rushihi gaayatree Chandaha panchamukha viraaTa hanumaana devataa
- hreem beejam shreem shaktihi kraum keelakam kroom kavacham kraitraa astraaya phat iti digbandhah

Shree Garuda uvaacha

Atha dhyaanam

- pravakshyaami shruNu sarvaanga sundari yat krutam devadeviana dhyaanam hanumatah priyam
- panchavaktram mahaabheemam tripancha nayanairyutam baahubhih dashabhih yuktam sarvakaamaartha siddhidam
- poorvam tu vaanaram vaktram koTisoorya samaprabham damshTraa karaala vadanam bhrukuTi kuTilekshaNam
- asyaiva dakshiNam vaktram naarasimham mahaadbhutam atyugra tejovapusham bheeshaNam bhayanaashanam
- pashchimam gaaruDam vaktram vakratunDam mahaabalam sarvanaaga prashamanam vishabhootaadi kruntanam
- uttaram soukaram vaktram krushNam deeptam nabhopamam paataala simha vetaala jvara rogaadi kruntanam
- oordhvam hayaananam ghoram daanava antakaram param yena vaktreNa viprendra taarakaakhyam mahaasuram

- jaghaana sharaNam tatsyaat sarvashatru haram param dhyaatvaa panchamukham rudram hanumantam dayaanidhim
- khaDgam trishoolam khaTvaangam paasham ankusha parvatam mushTim kaumodakeem vruksham dhaarayantam kamanDalum
- bhindipaalam gyaanamudraam dashabhih muni pungavam etaani aayudha jaalaani dhaarayantam bhajaamyaham
- pretaasana upavishTam tam sarvaabharaNa bhooshitam divya maalya ambara dharam divya gandha anulepanam
- sarva aashcharya mayam devam hanumat vishvato mukham panchaasyam achyutam aneka vichitra varNa vaktram shashaamka shikharaM kapiraajavaryam
- peetaambaraadi mukuTai roopa shobhitaangam pingaaksham aadyam anisham manasaa smaraami
- markaTesham mahotsaaham sarvashatruharam param shatru samhara maam raksha shreeman aapadam uddhara
- om harimarkaTa markaTa maMtraM idaM parilikhyati likhyati vaamatale yadi nashyati nashyati shatrुकुलाम yadi muMchati muMchati vaamalataa
- oum harimarkaTaaya svaahaa
- om namo bhagavate panchavadanaaya poorva kapimukhaaya sakalashatru samhaarakaaya svaahaa
- om namo bhagavate panchavadanaaya dakshiNa mukhaaya karaala vadanaaya narasimhaaya sakalabhoota pramathanaaya svaahaa
- om namo bhagavate panchavadanaaya pashchima mukhaaya garuDaananaaya sakala vishaharaaya svaahaa
- om namo bhagavate panchavadanaaya utara mukhaaya aadi varaahaaya sakala sampat karaaya svaahaa
- om namo bhagavate panchavadanaaya oordhva mukhaaya hayagreevaaya sakalajana vashankaraaya svaahaa
- om asya shree panchamukha hanumat mantrasya
- shree raamachandra rushihi anushTup Chandaha panchamukha veera hanumaan devataa
- hanumaan iti beejam, vaayuputra iti shaktihi, anjaneesuta iti keelakam
- shree raamadoota hanumat prasaada siddhyarthe jape viniyogaha

- iti rushyaadikam vinyasyet
- om anjaneesutaaya angushThaabhyaam namaha
- om rudramoortaye tarjaneebhyaam namaha
- om vaayuputraaya madhyamaabhyaam namaha
- om agnigarbhaaya anaamikaabhyaam namaha
- om raamadootaaya kanishThikaabhyaam namaha
- om panchamukha hanumate karatala karaprushThaabhyaam namaha
- iti karanyaasaha
- om anjaneesutaaya hrudayaaya namaha
- om rudramoortaye shirase svaahaa
- om vaayuputraaya shikhaayai vashaT
- om agnigarbhaaya kavachaaya hum
- om raamadootaaya netratrayaaya voushaT
- om panchamukha hanumate astraaya phaT
- panchamukha hanumate svaahaa
- iti digbandhaha

Atha dhyaanam

- vande vaanara naarasimha khagaraaT kroDaashva vakraanvitam
- divyaalankaraNaM tripanchanayanam dedeepyamaanam ruchaa
- hastaabjairasikheTa pustaka sudhaa kumbha ankusha aadrim halam
khaTvaangam
- phaNibhooruham dhashabhujam sarvaari veeraapaham

Atha mantraha

- om shree raamadootaaya aanjaneyaaya vaayuputraaya mahaabala
paraakramaaya
- seetaaduhkha nivaaraNaaya lankaadahana kaaraNaaya mahaabala
prachanDaaya
- phaalguna sakhaaya kolaahala sakala brahmaanDa vishvaroopaaya
- saptasamudra nirlanghanaaya pingala nayanaaya amita vikramaaya

- sooryabimba phalasevanaaya dushTa nivaaraNaaya drushTi niraalankrutaaya
- sanjeevinee sanjeevitaangada lakshmaNa mahaakapi sainya praaNadaaya
- dashakanTha vidhvamsanaaya raameshTaaya mahaaphaalguna sakhaaya
- seetaasahita raama varapradaaya shaTprayoga aagama panchamukha veera hanuman mantra jape viniyogaha
- om harimarkaTa markaTaaya bam bam bam bam bam voushaT svaahaa
- om harimarkaTa markaTaaya pham pham pham pham pham phaT svaahaa
- om harimarkaTa markaTaaya khem khem khem khem khem khem maaraNaaya svaahaa
- om harimarkaTa markaTaaya lum lum lum lum lum aakarshita sakala sampatkaraaya svaahaa
- om harimarkaTa markaTaaya dham dham dham dham dham dham shatru stambhanaaya svaahaa
- om Tam Tam Tam Tam Tam koormamoortaye panchamukha veera anumate parayantra paratantra uchchaaTanaaya svaahaa
- om kam kham gam gham ngyam – cham Cham jam jham nyam – Tam Tham Dam Dham Nam – tam tham dam dham nam – pam pham bam bham mam – yam ram lam vam – sham Sham sam ham – Lam ksham svaahaa
- iti digbandhaha
- om poorva kapimukhaaya panchamukha hanumate Tam Tam Tam Tam Tam sakalashatru samharaNaaya svaahaa
- om dakshiNa mukhaaya panchamukha hanumate karaala vadanaaya narasimhaaya om hraam hreem hroom hraum hrah sakala bhootapreta damanaaya svaahaa |
- om pashchima mukhaaya garuDaananaaya panchamukha hanumate mam mam mam mam sakala vishaharaaya svaahaa
- om uttara mukhaaya aadi varaahaaya lam lam lam lam lam nrusimhaaya neelakanTha moortaye panchamukha hanumate svaahaa
- om oordhva mukhaaya hayagreevaaya rum rum rum rum rum rudramoortaye sakala prayojana nirvaahakaaya svaahaa
- om anjaneer sutaaya vaayu putraaya mahaa balaaya seetaa shoka nivaaraNaaya shree raamachandra krupaa paadukaaya mahaaveerya pramathanaaya brahmaanDa naathaaya kaamadaaya panchamukha veerahanumate svaahaa
- bhootapreta pishaacha brahmaraakshasa shaakinee Daakinya antarikSha graha

parayantra paratantra uchchaaTanaaya svaahaa

- sakalaprayojana nirvaahakaaya panchamukhaveera hanumate
shreeraamachandra vara prasaadaaya jam jam jam jam jam svaahaa
- idam kavacham paThitvaa tu mahaakavacham paThennaraha ekavaaram japet
stotram sarvashatru nivaaraNam
- dvivaaram tu paThennityam putra poutra pravardhanam trivaaram cha
paThennityam sarvasampatkaram shubham
- chaturvaaram paThennityam sarvaroga nivaaraNam pamchavaaram
paThennityam sarvaloka vashamkaram
- shaDvaaram cha paThennityam sarvadeva vashankaram saptavaaram
paThennityam sarvasoubhaagya daayakam
- ashTavaaram paThennityam ishTakaamaartha siddhidam navavaaram
paThennityam raajabhogam avaapnuyaat
- dashavaaram paThennityam trailokya gyaana darshanam rudraavruttim
paThennityam sarvasiddhih bhavet dhruvam
- nirbalo rogayuktashcha mahaavyaadhyadi peeDitaha kavacha smaraNenaiva
mahaabalam avaapnuyaat
- Iti shree sudarshana samhitaayaam shreeraamachandra seetaa proktam
panchamukha hanumat kavacham sampoorNam

--

*RECITE KARTIKEYA STOTRA OR
SUBRAMANYA OR MURUGAN (REFER
APPENDIX)*

Lord Kartikeya or Lord Subramanya is the son of Lord Shiva and Goddess Parvati. Lord Kartikeya is worshipped on the 6th lunar day after Diwali (full moon night) on an occasion called ‘Skandha Sashti’, meaning victory over the demons.

--

Om Sarvanabhavya nama

Yogiishvaro Mahaa-Senah Kaartikeyo agni-Nandanah

Skandah Kumaarah Senaaniih Svaamii Shankara-Sambhavah

Gaangeyas-Taamra-Cuuddashca Brahmacaarii Shikhi-Dhvajah

Taaraka-Arir-Umaa-Putrah Kraunca-Rishca Ssaddaanahah

Shabdabrahmasamudrashca Siddhah Saarasvato Guhah

Sanatkumaaro Bhagavaan Bhogamokssaphalapradah

Sharajanmaa Gannaadhiisha Puurvajo Muktimaargakrt

Sarvaagamaprannetaa Ca Vaancchitaarthapradarshanah

Assttaavimshatinaamaani Madiiyaaniiti Yah Patthet

Pratyuuussam Shraddhayaa Yukto Muuko Vaacaspatirbhavet

Mahaamantramayaaniiti Mama Naamaanukiirtanam

Mahaaprajnyaamavaapnoti Naatra Kaaryaa Vicaarannaa

Iti Shrii-Rudrayaamale Prajnyaa-Vivardhan-Aakhyam

Shriimat-Kartikeya-Stotram Sampuurnnam

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RECITE SHIVA STOTRA

This is addressed to Lord Shiva describing his power and beauty.

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Om Shree Ganeshaya nama

- Jatatavigalajjala pravahapavitasthale
- Galeavalambya lambitam bhujangatungamalikam
- Damad damad damaddama ninadavadamarvayam
- Chakara chandtandavam tanotu nah shivah shivam
- Jata kata hasambhrama bhramanilimpanirjhari
- Vilolavichivalarai virajamanamurdhani
- Dhagadhagadhagajjva lalalata pattapavake
- Kishora chandrashekhare ratih pratikshanam mama
- Dharadharendrana ndinivilasabandhubandhura
- Sphuradigantasantati pramodamanamanase
- Krupakatakshadhorani nirudhadurdharapadi
- Kvachidigambare manovinodametuvastuni
- Jata bhujan gapingala sphuratphanamaniprabha

- Kadambakunkuma dravapralipta digvadhukhe
- Madandha sindhu rasphuratvagutariyamedure
- Mano vinodamadbhutam bibhartu bhutabhartari

- Sahasra lochana prabhritya sheshalekhashekhara
- Prasuna dhulidhorani vidhusaranghripithabhuh
- Bhujangaraja malaya nibaddhajatajutaka
- Shriyai chiraya jayatam chakora bandhushekharah

- Lalata chatvarajvaladhanajnjayasphulingabha
- Nipitapajnachasayakam namannilimpanayakam
- Sudha mayukha lekhaya virajamanashekhararam
- Maha kapali sampade shirojatalamastu nah

- Karala bhala pattikadhagaddhagaddhagajjala
- Ddhanajnaya hutikruta prachandapajnachasayake
- Dharadharendra nandini kuchagrachitrapatraka
- Prakalpanaikashilpini trilochane ratirmama

- Navina megha mandali niruddhadurdharasphurat
- Kuhu nishithinitamah prabandhabaddhakandharah
- Nilimpanirjhari dharastanotu krutti sindhurah
- Kalanidhanabandhurah shriyam jagaddhurandharah

- Praphulla nila pankaja prapajnachakalimchatha
- Vdambi kanthakandali raruchi prabaddhakandhararam
- Smarachchidam purachchhidam bhavachchidam makhachchidam
- Gajachchidandhakachidam tamamtakachchidam bhaje

- Akharvagarvasarvamangala kalakadambamajnari
- Rasapravaha madhuri vijrumbhana madhuvratam

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